







### What You'll Learn in the Masterclass:

- Managing 5 Challenges of speaking on online.
- How taking your voice to Voice Gym can revolutionise your sound. 3 exercises that clear common voice problems.
- 3 voice tools that colour your message with vitality, authenticity and impact. Tips to banish monotone and racing.
- Learn the secret to speaking from your unique style confidently.
- 2 Powerful micro habits to banish nerves and speaking too fast, so you speak with presence and credibility.



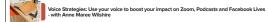
Voice Strategies: Use your voice to boost your impact on Zoom, Podcasts and Facebook Lives
- with Anne Maree Wilshire

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Anne Maree Wilshire

Vibrant Voices International







# We Cannot NOT Influence **Her**BUSINESS

### Challenges using your voice online

- Zoom fatigue: Brain challenged by feedback delay.
- Cues missing: Less body language and eye contact.
- Intimacy: We are often "in their ear".
- Posture: Sitting at keyboard and leaning into mic.
- Camera Placement: Looking up can make voice tired and hoarse.



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### 3 Steps to Unlocking Vocal Power

- 1. **Prepare:** Taking your voice to the gym
- 2. **Practice:** Colouring your message so it comes alive. No more monotone or racing.
- 3. **Presence:** Resonating with authenticity and confidence.





### Prepare: Taking your voice to the Gym

- Tonal Wake up: Increase power and ease
- **Breath:** Too much, too little, just right.
- Voice of Authority:
   Deeper, richer tone





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### Practice: Colouring your message





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# Practice: Colouring your message

- 1. Pace: Keep your listeners awake
- Rhythmic Variety.
- 2. Pitch: Add excitement and energy
- · Highlight key words
- 3. Resonance: Express your Authentic Intention
- Infuse your essence inside the words.



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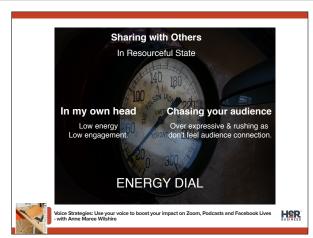
# Presence: Resonating with Relaxed Confidence.

- · Resourceful State.
- How to stay confident and calm under pressure
- 1. Posture
- 2. Deep Breathing
- 3. Connect to state of confidence and authority



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### Next time you present on social media





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MEMBER QUESTIONS



## Member Offer

### 1. Free Step-by step Practice Checklist:

- Preparing you to speak with confidence, animation and power on social media.
- To receive your checklist email: vibrantvoices@optusnet.com.au

### 2. 1-hour Voice and Confidence Booster Coaching:

- · Special Offer: \$195+GST. usually \$250+GST
- If you book before August 7.
- · Contact Anne Maree on 0413 788 009



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### Contact Me



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• Mobile: Anne Maree 0413 788 009



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### Thank You



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